

PSHE Curriculum

Personal, Social, Health and Economic (PSHE) education is a key subject within our school, through which our students develop the knowledge, skills and qualities they need to manage their lives successfully, both now and in the future. It helps our children and young people to stay safe and healthy, and prepares them to achieve the best out of life, relationships, work and future opportunities.

Our PSHE Curriculum offers valuable learning opportunities for each key stage across three core themes: 'Health and Wellbeing', 'Relationships', and 'Living in the Wider World'.

During key stages 1 and 2, our PSHE curriculum offers a wide variety of learning opportunities and experiences which reflect our students' increasing physical and social awareness, and their developing independence, as they move through the primary phase. It focuses on key skills such as building and maintaining relationships, learning about personal responsibility and managing personal safety, including online safety. PSHE education also helps our students to cope with the physical and emotional changes at puberty.

At key stage 3 and 4, students build on the knowledge, understanding, skills and values that they have developed during the primary phase. Our PSHE curriculum recognises and supports students in the changes that they will experience throughout this phase, beginning with moving to the secondary phase of education, and guiding students through the challenges of adolescence and their increasing independence. It teaches valuable knowledge and skills which will prepare our young people for the opportunities and challenges of life. Students learn to manage and maintain a range of different relationships, their online lives, and the increasing influence of peers and the media.

By the end of key stage 5, many of our young people will be learning to live more independently. Throughout our PSHE curriculum there is a focus on preparing students to navigate their current lives and laying the foundations for coping successfully with future experiences. It is crucial that we continue to provide a thorough and detailed PSHE curriculum in key stage 5, as this ensures students continue to learn about the issues that have real-life relevance and importance to them, at a crucial transition point in their lives.

PSHE education is statutory for all schools from September 2020 under the Children and Social Work Act 2017. This includes Relationships Education at key stages 1 and 2, Relationships and Sex Education (RSE) at key stages 3 and 4, and Health Education in both primary and secondary phases.