



**Foundation**

# **Inscape House School 2021/22 Impact Report**

Emily Read

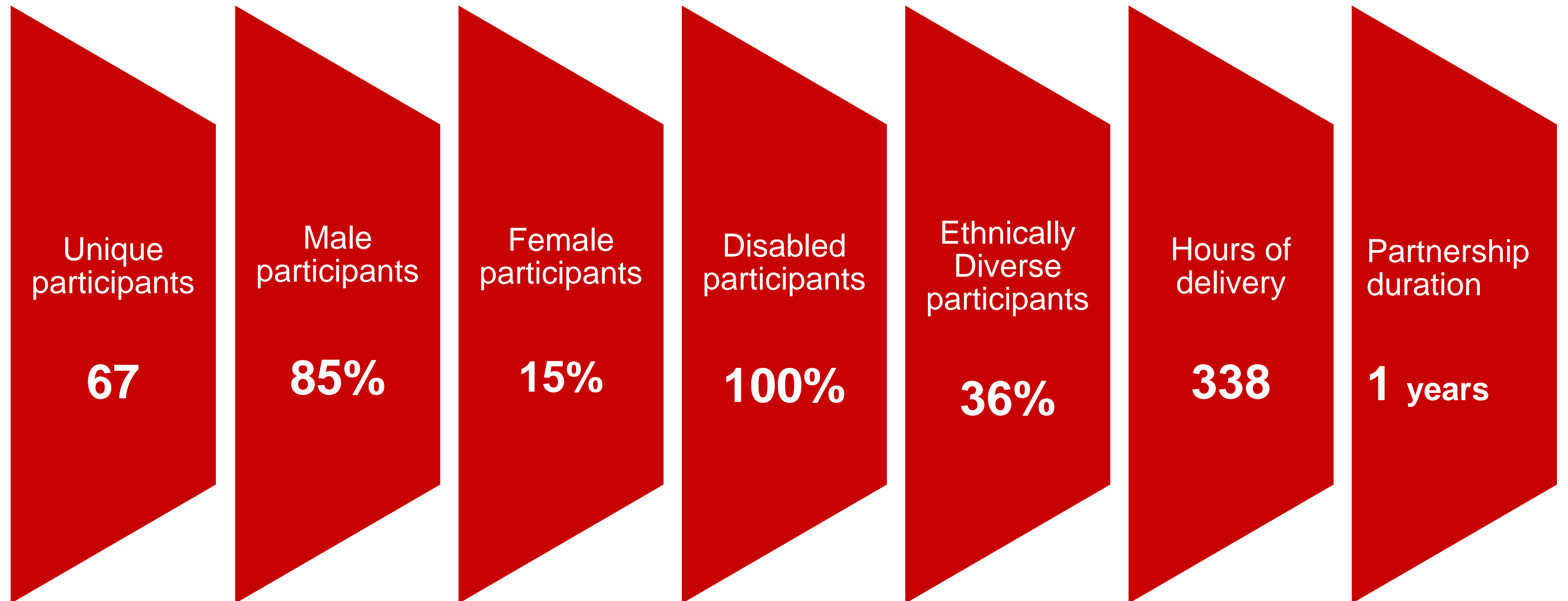
Manchester United Foundation uses football to **engage** and **inspire** young people to build a better life for themselves and **unite** the communities in which they live.



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# Delivery Statistics

## Academic Year Totals



# Ofsted Framework





### Behaviour and attitudes

Inspectors will make a judgement on behaviour and attitudes by evaluating the extent to which:

- The provider has high expectations for learners' behaviour and conduct and applies these expectations consistently and fairly. This is reflected in learners' behaviour and conduct
- Learners' attitudes to their education or training are positive. They are committed to their learning, know how to study effectively and do so, are resilient to setbacks and take pride in their achievements learners have high attendance and are punctual.
- Relationships among learners and staff reflect a positive and respectful culture. Leaders, teachers and learners create an environment where bullying, peer-on-peer abuse or discrimination is not tolerated. If they do occur, staff deal with issues quickly and effectively, and do not allow them to spread.

Slides:  
29, 30, 39, & 40

### Personal development

Inspectors will make a judgement on the personal development of learners by evaluating the extent to which:

- The curriculum extends beyond the academic, technical or vocational. It provides for learners' broader development, enabling them to develop and discover their interests and talents
- The curriculum and the provider's wider work support learners to develop their character – including their resilience, confidence and independence – and help them know how to keep and mentally healthy
- At each stage of education, the provider prepares learners for future success in their next steps
- The provider prepares learners for life in modern Britain by:
  - equipping them to be responsible, respectful, active citizens who contribute positively to society
  - developing their understanding of fundamental British values
  - developing their understanding and appreciation of diversity
  - celebrating what we have in common and promoting respect for the different protected characteristics as defined in law.

Slides:  
8, 9, 11, 12, 14, 15, 16, 17, 19, 20,  
21, 22, 23, 24, 25, 26, 32, 33, 34,  
35, 36, 37, 42, 43, 44, 49, 50, 51 &  
52



**This term we have focused on increasing students' participation in exercise to improve their physical and mental wellbeing through games & access to various sports.**

**SLA Target - To increase participation in physical exercise for all pupils, students and learners, so that they are measurably healthier, fitter and more confident in their physical abilities.**



# Curriculum Delivery



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# Saturn Class

## Three sessions per week

Saturn Class have continued to play different games that involve; throwing, catching and using movement into space. They have enjoyed participating in different games, actively listening to the rules, suggested adaptations for games and communicated with their team mates about tactics. AS in particular has grown in confidence when taking part in the games and has been able to win games for her team in time restricted moments.



Students throwing foam ball and another student blocking it from hitting a bowling pin



Student throwing a ball towards a target



Student standing on a bench throwing a bean bag

**‘The students are engaged throughout the sessions and move much more than before they took part. The sessions have been fantastic and Emily has developed great relationships with our students’**

**Emma – Saturn Class Teacher**



**This term we have visited different community settings to participate in different sports and activities.**

**SLA Target - To increase access to community leisure and recreational activities for all pupils, students and learners, so that they are able to access these facilities with increasing independence both within and outside of school hours.**



## M2

### Swimming sessions at Life Leisure in Cheadle

M2's swimming lessons continued for the first half of the Summer Term. Every student continued to work on their swimming targets.

- **JM** was able to submerge herself and head into the water and move around with a pool noodle and practice her breathing technique by blowing bubbles.
- **EZ** was able to swim on his front independently with just his arm bands as floatation aids.
- **TT** entered the pool every lesson and enjoyed moving around on the giant floats and using the different equipment to pour water.
- **JS** regularly swam underwater through hoops to retrieve objects from the bottom of the pool. He then moved onto spending time in the main pool, swimming lengths without any floatation aids.



JM submerging her face in the water to practice her breathing technique by blowing bubbles



# M2

## Simply Cycling at Longford Park

Students from M2 attended weekly cycling sessions at Longford Park. The students enjoyed cycling around the track on different adapted bikes with staff and independently. During the sessions, Emil started riding a two wheeled bike confidently and independently. When the cycling sessions stopped, students adapted well and took part in walks around Longford Park instead.



A student sat in the front of an adapted bike being cycled by a staff member



A student cycling on a tricycle independently and carrying several other bikes as a train from his basket



A student and staff member cycling around the track on a tandem bike



# Football Sessions





# Football Sessions

## Bruntwood Park

FH and AA have continued to work on their dribbling, passing, shooting and defending skills by completing different drills every session. We also incorporated the challenge of playing frisbee this term. This is so they could have a break from playing football, especially in hot weather and challenge themselves to improve at a different sport. FH and AA's ability to throw a frisbee became more accurate so they were able to complete successful catching and throwing rallies.



A student dribbling in and out of the cones



A student throwing a frisbee



A student controlling the ball mid air



# Football Sessions

## Power League 5-a-side

The football sessions at Power League have continued this term, with students playing small sided games each session. Two new Post 16 students started attending the sessions and at first were finding the intensity of the sessions difficult and struggled to keep up with the regular players. Over the course of the term, these two students have massively improved their fitness and running stamina. They now find Power League very rewarding. Some weeks there have been low attendance numbers, so students have independently adapted the sessions to focus on improving their shooting and defending. Activities during these sessions included 1 goalkeeper and all the outfield players playing against each other, long distance shooting across the pitch into an open net and the crossbar challenge.

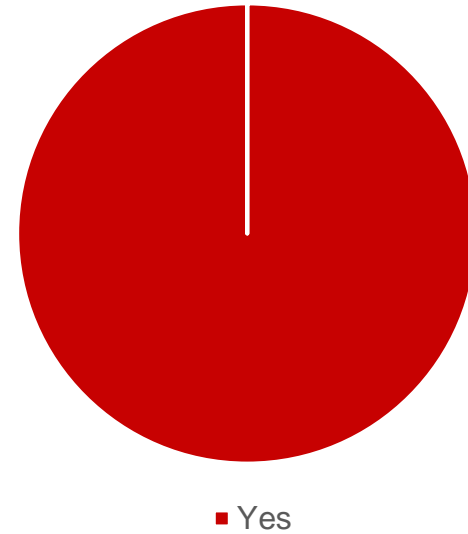


Students taking part in a game of football

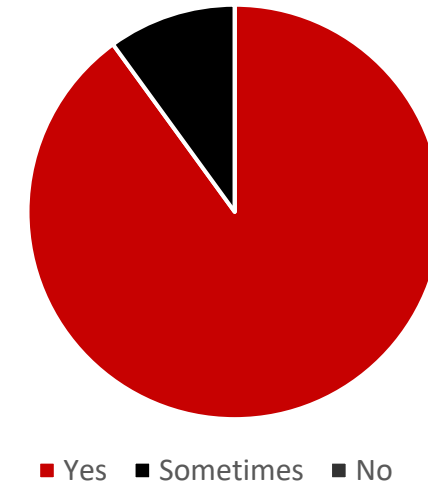
# Student Feedback

## Power League

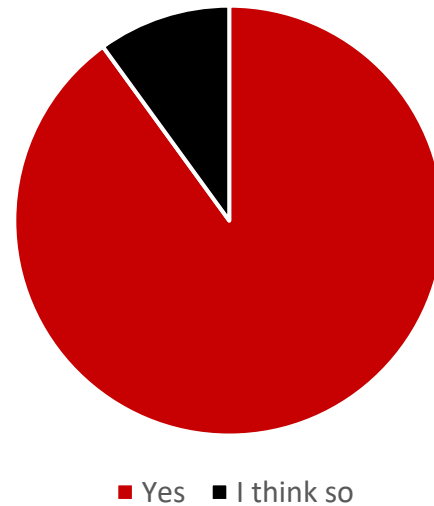
Do you enjoy going to Power League?



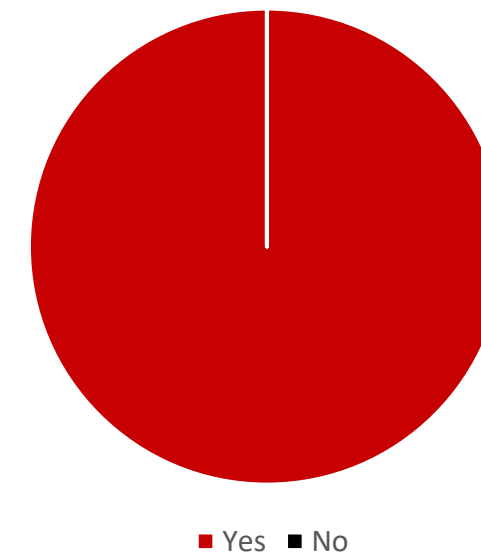
Do you think you get to improve your own skills whilst playing?



Have your footballing skills improved since you've been going to Power League?



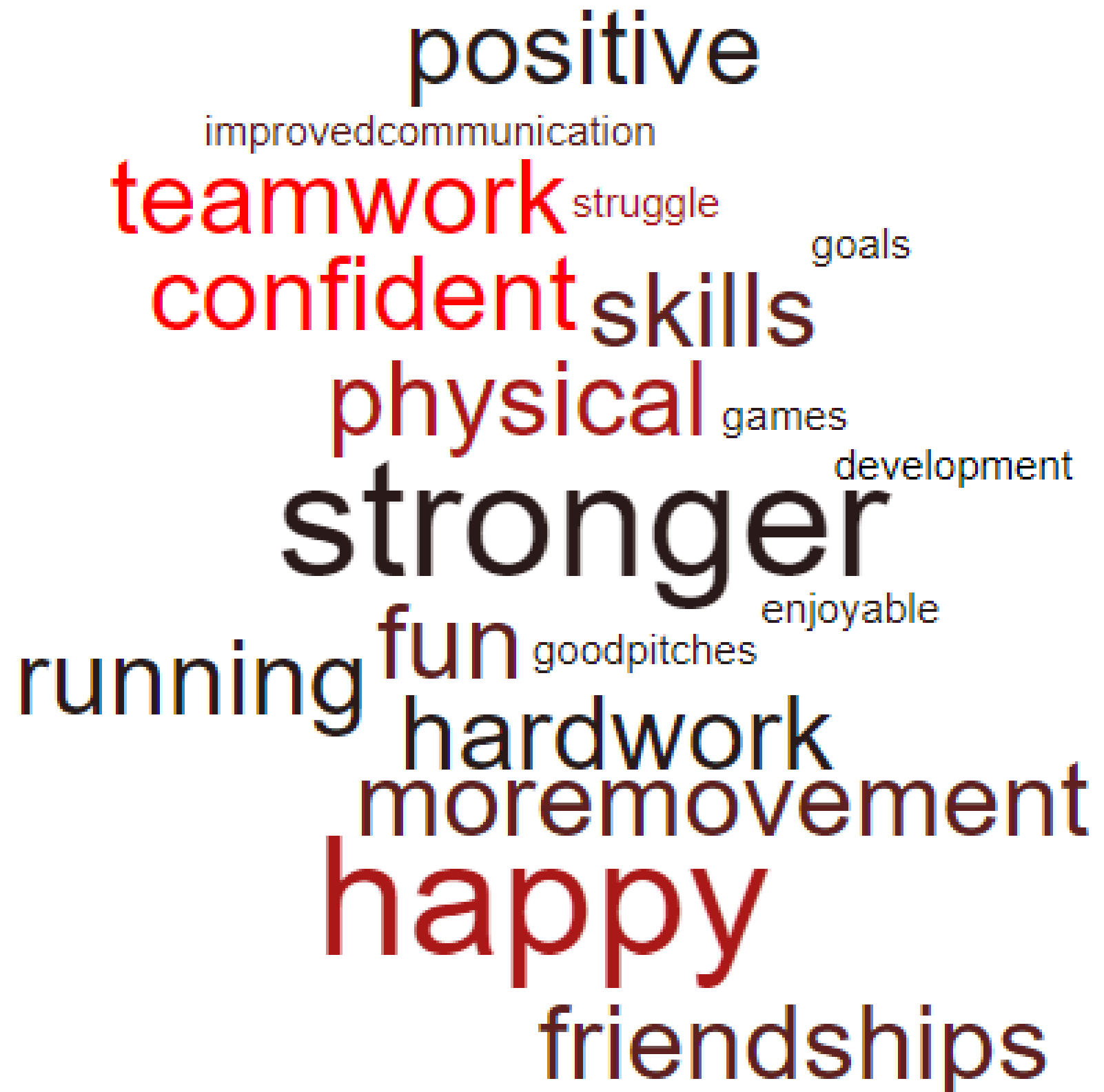
Do you enjoy playing as a team?





# Student Feedback

## Student Word Art



# Competitions





# Inclusive Girls Event

## Seashell Trust

Girls from across Inscape and other SEN partner schools were invited to attend a girls only inclusive sport event at Seashell Trust to celebrate women in sport and the Women's Euros. Each school were different countries that would take part in the Euro's and students were gifted different coloured Adidas t-shirts to represent that country. Students spent the morning taking part in Boccia, Cricket, Basketball, Athletics and Football. At the end of all the events, students were awarded a medal and certificate.



Student smiling at camera



Student throwing a bocchia ball



Student playing cricket



# Football Event

## The Cliff Training Ground

Students were invited to an Inclusive Reds football event at The Cliff. They were joined by 2 other SEN partner schools. Faye took part in the short warm up session, working with different students to complete different running and dribbling exercises. Then all the students played small matches with each other. Inscape House students integrated well within the teams, they scored and assisted over 5 goals whilst taking part.



Students from different partner schools playing football



Students taking a penalty



Students from different partner schools playing football



# Intercollege Games

## Sports City

A group of students from Upper School and Post 16 attended the InterCollege Games at Sport City. There were several other colleges from the area in attendance and the students were mixed together to represent different countries. They then took part in various activities including Long Jump, Hurdles and Javelin. In the afternoon, all the students took part in 100m running races. The students had a great time and enjoyed trying out different sports. One of the students, Jia Jun, was great at Javelin and enjoyed trying to do the High Jump.



A student finishing the 100m race



A student wearing the flag of the country he was representing for the day



A student jumping over hurdles

**‘It was a great day out for the students and it was great to see them so enthusiastic and happy to take part.’**

**Alex – EA**



# Sports Day

## Lower and Middle School

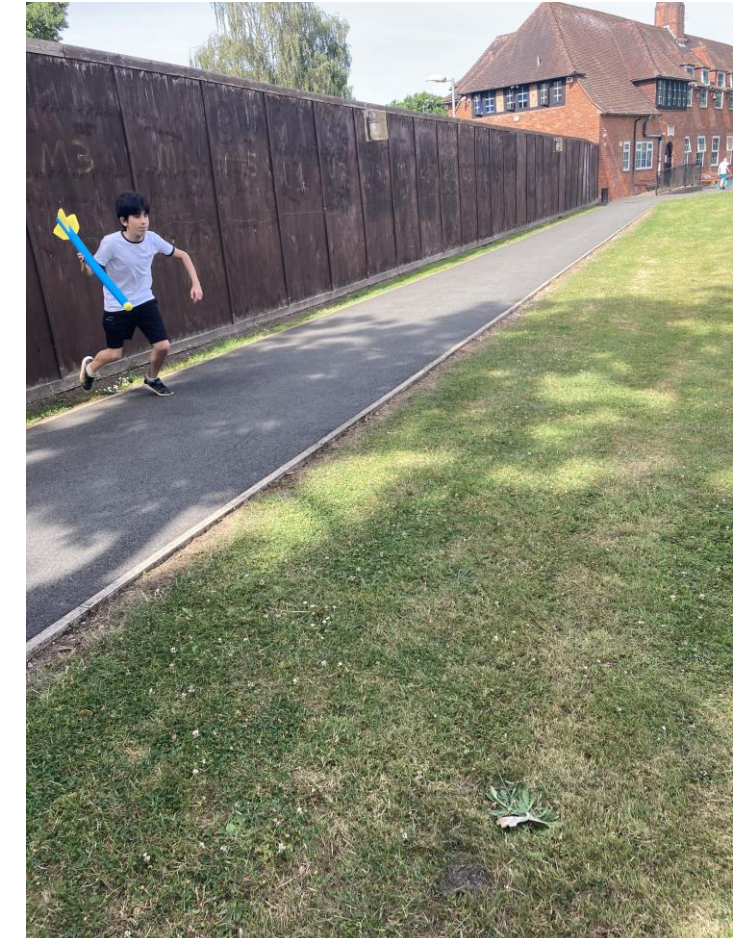
Lower and middle school students spent the morning taking part in Javelin, Bean Bag Toss, Boccia, Penalty Shoot Outs and Parachute games. Students were challenged to throw the javelin the furthest and score the most goals. In the afternoon, students and staff took part in a variety of races including; relay, hurdles, egg and spoon and sack races. Staff also had a staff only running race.



Students and staff taking part in an egg and spoon race



A student taking part in the bean bag toss



A student preparing to launch a javelin



# Sports Day

## Upper School and Post 16

Students from Upper School and Post 16 spent the morning taking part in different activities including Boccia, Javelin, Discus, Long Jump and Bean Bag Toss. In the afternoon, they were able to take part in a variety of running races which included egg and spoon, relay and hurdles. They also had several games of staff vs student tug of war which everyone enjoyed. The day ended with a whole school 'sponge the teacher' where students could throw as many sponges as possible at several members of staff. It was great to see the students so happy to take part.



A staff vs student tug of war game



A staff and student relay race



Staff and students playing boccia

**‘Sports Day was an incredible day in terms of participation and resilience. Student who wouldn’t normally feel comfortable around others enjoyed the carousel format and the tug of war allowed people to be part of a team.’**

**Kema, Upper School Teacher**



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# Sports Day

## Indoor Activities

At the School Council meetings, it was suggested by students that there should be an area for students to go to that wasn't sports related and was relaxing for students. Alternate activities were set up in the hall for students to access throughout both mornings. There were Sensory Trays, colouring tables, stepping stones and stilts. There was also table tennis, Jenga and Connect 4 for students who wanted to play games together.



Student playing with equipment in a tray



Student playing table tennis



Student playing with different equipment

# Extracurricular





**There have been many extra curricular activities for students to participate in this term, including off site activities and the start of lunch time clubs being available to students.**



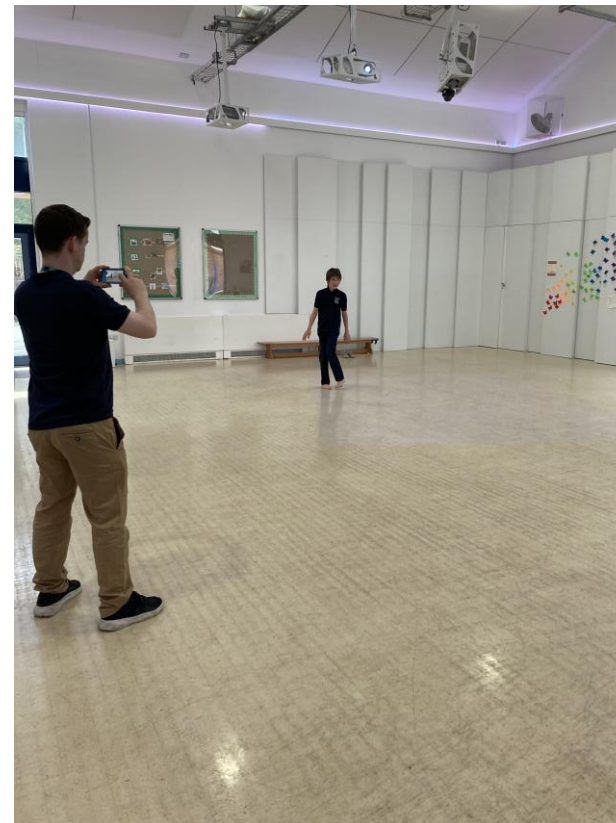
# Just Dance – Case Study

## One session a week

DW has continued to attend his Just Dance sessions this term. He chooses the same songs each session which means he is remembering more of the routines and improving his coordination to the videos every session. He loves taking part in the sessions and is always excited to start dancing. DW was also recorded doing his dancing to be shown at the end of year achievement assembly because he has improved so much.



DW taking part in his Just Dance sessions



DW taking part in his Just Dance sessions



DW taking part in his Just Dance sessions



# Lunchtime Clubs

## Football and Running Club

Football club was available every Monday lunchtime for students across School and Post 16 to attend. The aim was for students to be able to practice their footballing skills in a relaxed and fun environment. Students practiced taking penalties against each other and passing the ball. There was also a running club during Wednesday lunchtimes, students were able to run and walk around the school grounds completing a variety of distances based on their fitness levels.



Students taking part in Football Club



Students taking a shot in Football Club



Students passing the ball to each other in Football Club



# Individual Programmes



# Primary

## Neptune Class

BB has continued to play cricket during some of his sessions this term. He has hugely improved his accuracy to hit a ball using the cricket bat and bowling a ball towards the batter. BB has also tried new throwing activities, such as Boules, Boccia and Corn Hole. He has improved his ability to precisely throw a ball at a target and has won many games. Ben has also spent sessions practicing activities such as javelin and discuss ready for Sports Day.



A student bowling the ball in a cricket game



A student throwing a javelin on Sports Day



A student playing a game where he needed to knock down the opponents pins

**‘BB has really progressed during his sessions this year. He visibly enjoys taking part in sessions with Emily and has a lot more confidence in his own abilities and can do attitude’**

**Nicola – EA**

**‘BB loves his sessions with you and it is really building his confidence. They are the highlight of his week!’**

**Heather – BB’s mum**



# Primary

## Mercury Class

CH has enjoyed trying different sports this term. At the start of every session he was given the choice. He has played Tennis, Frisbee and Dodgeball. He enjoyed playing tennis and aimed to hit the ball as hard and as far as possible every time, using his forehand and backhand swings. He also requested to play a game of dodgeball against another student to challenge his ability to win. He explained the rules to the student and both of them thoroughly enjoyed the session. It was great to see 2 students from different classes interact so positively and enjoy playing a competitive game against each other.



A student hitting the ball in a game of tennis



A student playing dodgeball with another student



A student practicing his long distance throwing

# Primary

## Mercury Class

DB has continued to attend one session a week this term. The sessions have been relaxed and consisted of one or two focussed activities for DB to work towards. DB has worked on his rolling skills, in a game of bowling and other activities. During some sessions DB has been tired so has tried different yoga and stretching positions.



A student using his foot to roll a ball towards bowling pins



# Middle School

## M2

Students from M2 took part in a variety of activities this term. During their Tuesday sessions, students played cricket. They focused on hitting the ball from different ranges with support from staff. They also took turns bowling the ball for each other to promote independence in participation. The students also carried on their Friday Just Dance sessions where they could continue to learn routines from the same songs.



Two students taking part in a dancing session



A student bowling a ball for another student



A student hitting the ball using a cricket bat



# Upper School

## JG

The focus for JG this term was on overall wellbeing, as much as physical. JG was reluctant to do any physical activity so instead we played games that he could access in his room. This allowed him to have 1:1 attention and engage in conversations about his interests. James enjoys playing Jenga and was competitive, skilful and focused during the games. He also played connect 4 where he was strategical and motivated to win



James taking his turn in a game of Jenga



# Qualifications





# Boccia Leaders Award

## Chatsworth School, Eccles

On the 1<sup>st</sup> July, FH and DT had the opportunity to attend a Boccia Leaders Award course for a day with participants from other SEN partner schools. Throughout the day they learnt the rules of Boccia, how to officiate a Boccia game and experienced playing the game themselves. DT and FH also designed a small training activity that could help an individual improve their Boccia skills. They then presented their idea back to the group, demonstrated it and instructed individuals on how to complete the exercise.



Students taking part in the exercise designed by Inscape House School students



Students taking part in a game of Boccia



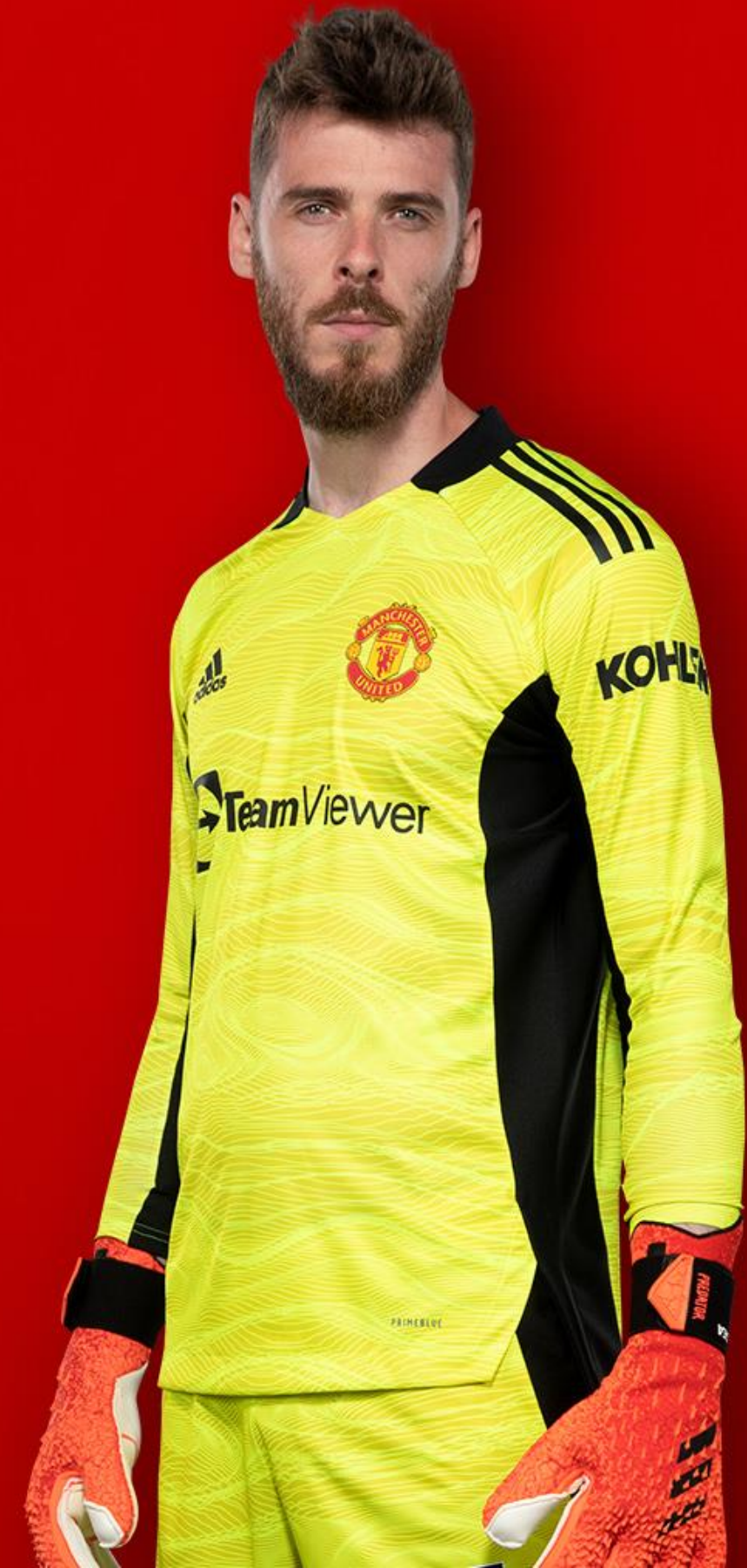
A student rolling the Boccia ball whilst taking her turn in a Boccia game

**‘The course was great for both staff and students. It was well resourced and the instructor was very friendly. I enjoyed doing the course as much as the students’**

**Gareth – Teacher**



# MUFC Engagement



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# Next Move Careers Event

## Old Trafford

A group of Post 16 students visited Old Trafford to learn about the various jobs and roles there are across the club and around the stadium. The students took part in a guided tour around the ground before entering a classroom where they took part in a question and answer style session learning about many roles and how you could get them. They were then able to try on old football kits which they thoroughly enjoyed before going to the Megastore to learn about the various customer service roles there.



Students sat in the home changing rooms in front of football players' shirts



Students and staff in the press conference room during the tour



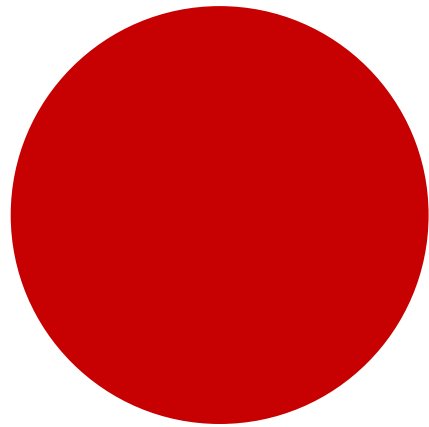
Students and staff sat in the megastore listening about the different jobs available



# Next Move Careers Event

## Participants Feedback

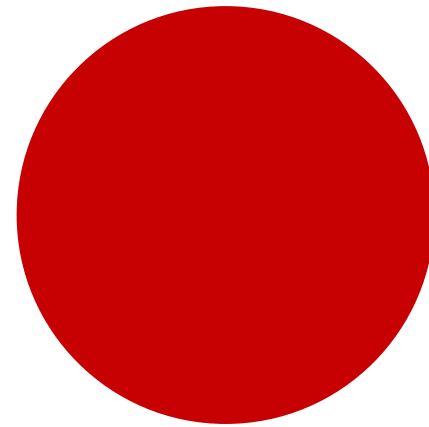
Did you enjoy the event?



■ Yes ■ Sometimes/Not Sure ■ No

100% Enjoyed the event

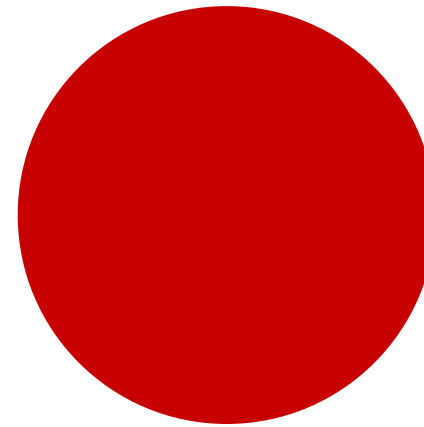
Did you think the event was interesting?



■ Yes ■ Sometimes/Not Sure ■ No

100% thought the event was interesting

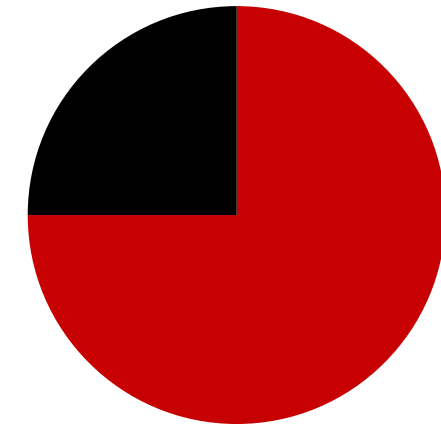
Did you learn a lot on the event?



■ Yes ■ Sometimes/Not Sure ■ No

100% thought they learned a lot from the event

Did you learn about different jobs at Manchester United?



■ Yes ■ Sometimes/Not Sure ■ No

75% thought they learned about different jobs at Manchester United.

**‘The staff were informative, friendly and pitched their presentations to match the students levels. The pupil fully engaged throughout.’**

**Marie – Teacher**

**‘Thank you for taking FH to the Event, she really likes her time she spends with you too.’**

**Emma – FH’s mum**



## Match Days Sensory Room

This term 15 tickets were given out to 5 students for 3 Manchester United home games, including the Legends Game.

JS and his family were given the opportunity to attend the Legends game between Manchester United and Liverpool at Old Trafford on the 21<sup>th</sup> May. He, his mum, his brother and his brother's friend were able to watch the game from a Sensory Room in the stands.

JS had a great day and was able to spend time in the Sensory Room, away from the game if he needed, whilst his brother was able to experienced a game at Old Trafford for the first time. This was a great opportunity for the family because they want to attend more games in the future but wanted to see whether JS could cope with the crowds and noise first, which he could.



JS, his brother and friend sat in the seats outside the Sensory Room

**‘We had an amazing family day out and JS absolutely loved it, it was such a nice experience for the boys to do something together without stress. Thank you so so much for organising this for us as a family it was such a memorable experience for us and hopefully we get to enjoy it again’**

**Janet – JS’s Mum**



# Clothing Donations

## Adidas and Manchester United merchandise for students

Students were gifted a large box of various Manchester United merchandise from Adidas. 20 items from the Adidas donations were given to 9 students. The students who received the clothing all chose multiple items as they love United and wanted to wear the badge around school. The Together Trust also posted photos of students wearing their donations and tagged the Foundation & Adidas in the post on Instagram and Facebook to thank them.



A student wearing his new Manchester United jacket



Various football shirts from the season that were part of the donations



A student wearing his new Manchester United jacket





# Enrichment





# Neptune Class - Snowboarding

## Chill Factor

Students from Neptune class had the opportunity to take part in an Disability Inclusive Snowboarding lesson at Chill Factor. The lesson was delivered by an Instructor from Disability Snow Sport UK and students were able to learn the basics of getting into snow gear, getting strapped into their snow board and moving around the snow on their board. Students and staff then took time to go up and down the slope, learning different balance techniques to enable them to stay stood up. This was particularly difficult for one student, Ben, but by the end of the session he was going down the slope independently.



The students and staff posing in their snowboarding gear prior to the lesson



A student going down the snow slope on a snowboard



Staff and students practising how to move around on the snowboards

**‘The students benefited from getting to experience Snowboarding which they may never get to experience. The instructor was brilliant and very accommodating. All the students benefited from participating in the session!’**

**Nicola – EA**

**‘Students were able to take their time to practice on the slopes and get to experience a new environment and sport. DW definitely enjoyed and benefitted from the session the most!’**

**Sian – Teacher**



# Jubilee Celebrations

## Sports games and activities for the whole school

To celebrate the Queen's Platinum Jubilee, there were a variety of games placed across the School field for students in their classes to come and play together. The games included, Jenga, Corn Hole, Connect 4, Boules, Croquet and Parachute games. The students enjoyed playing different games, especially Connect 4, against each other.



A student playing Corn Hole with a staff member



A student enjoying being in the middle of a parachute game



A student playing a game of giant Jenga with a teacher

# School Council Meetings

## Student Voice

This term the School Council have met twice and Sports Day has been on the agenda. Students were asked to list events and activities they would like to see at Sports Day. We then went away and planned the Sports Day activities based on the students ideas.

9 of the activities suggested by students were used on Sports Day, including the ‘sponge the staff’ idea which the students thoroughly enjoyed.

<u>What are we talking about?</u>	<u>Who said it?</u>	<u>What was said?</u>
Sports Day	Kate/Emily/SC	<p>In the last meeting, students from the School Council had suggested a Sports Day. Emily was asked to attend this meeting to introduce herself to students. Emily asked students to discuss and write down any ideas they had for Sports Day.</p> <p>SC have decided they would like Sports Day to include the following events</p> <ul style="list-style-type: none"> <li>• Skipping rope race</li> <li>• Tug Of War</li> <li>• Treasure hunt</li> <li>• Dodge Ball</li> <li>• Archery</li> <li>• Sack Race</li> <li>• Nerf Gun Battle</li> <li>• Floor is Lava</li> <li>• Egg and Spoon race</li> <li>• Relay</li> <li>• Penalty Shoot Out</li> <li>• 3-legged race</li> <li>• Obstacle race</li> <li>• Sponge throwing (at staff)</li> <li>• Teacher’s race</li> <li>• Sack Race</li> <li>• Long Jump</li> </ul>

A screenshot of the minutes from the School Council Meeting with a list of ideas for Sports Day





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**Thank you**

For more information visit [mufoundation.org](http://mufoundation.org)