

Champions & Explorers: Post-16 Working Towards Independence Year C – Spring Term 1

Students work on the ASDAN Towards Independence modules in all sessions. Students will develop their independence skills by practising their functional literacy, numeracy and self-help skills in a range of class-based and community settings.

World of Work / Employability

Understanding your first
day at your work
experience placement

Communication

Recognising and using road
safety signs

Numeracy

Using numeracy skills to
buy something on a
regular basis/Budgeting
and saving money

Independent Living

Understanding how to
use the washing
machine & using
different temperature

Meal Preparation

Understanding health &
safety in the kitchen

Health & Wellbeing

Indoor & outdoor activities
to promote a healthy
lifestyle

Community Access

Understanding how
to appropriately behaviour
when using a café in the
community

Travel Training

Understanding different
travel options in the
community

Relationships

Understanding sex &
pregnancy
Understanding how to keep
your personal items in order

Outdoor Learning

Understanding your first day
working as a horticultural
assistant in a garden