

# Champions & Explorers: Post-16 Working Towards Independence Year C – Autumn Term 2

Students work on the ASDAN Towards Independence modules in all sessions. Students will develop their independence skills by practising their functional literacy, numeracy and self-help skills in a range of class-based and community settings.

## **World of Work / Employability**

**Catering Assistant:  
What will I need to take  
to work with me?**

## **Communication**

**Recognising and using  
everyday signs in our  
community**

## **Numeracy**

**Setting a table for a dinner  
party or family event &  
Managing Money**

## **Independent Living**

**Making a bed & changing the  
bed covers**

## **Meal Preparation**

**Using an Air Fryer**

## **Health & Wellbeing**

**Boxercise, Walking, Cycling  
and Fitness**

## **Community Access**

**Visiting new places in the  
community and tolerating  
busy environments**

## **Travel Training**

**Preparing for your journey**

## **Relationships**

**Making Choices & getting  
ready for the day**

## **Outdoor Learning**

**Horticulture Assistant:  
What will I need to take to  
work with me?**