

Champions & Explorers: Post-16 Working Towards Independence Year C – Autumn Term 1

Students work on the ASDAN Towards Independence modules in all sessions. Students will develop their independence skills by practising their functional literacy, numeracy and self-help skills in a range of class-based and community settings.

World of Work / Employability

**Catering Assistant:
Preparing for the
workplace.**

Communication

**Recognising and using
everyday signs in our
school.**

Numeracy

**Using numbers and money
in a supermarket.**

Independent Living

**Laundry: sorting,
folding, putting away
and hanging up clean
clothes.**

Meal Preparation

**Creating simple meals
influenced by other
cultures.**

Health & Wellbeing

**Exploring leisure and
recreation sports, such as
walking, boxing and cycling.**

Community Access

**Preparing to go out to
museums.**

Travel Training

**Planning a trip and
understanding how to
keep safe in the
community.**

Relationships

**Complete a personal care
routine in preparation to go
out (washing hands and face)
and show appropriate
interaction with a range of
people.**

Outdoor Learning

**Horticulture Assistant:
Preparing for the workplace.**